

## Insulle Vanilla Powder (Lukewarm water < 40°C)

VALENS®



		Valens® Th	ixer® Clear	
IDDSI Level	1	2	3	4
Number of scoop(s)	1	2	3	4
Amount of liquid (mL)	230mL			
Sitting time (minute/s)		5 to 10		
Procedure	<ul> <li>make sure it is fr</li> <li>2. By using the scopowder into a se</li> <li>3. Add 50 – 100mL</li> <li>4. Stir vigorously un</li> <li>5. Pour the remaini</li> <li>6. Leave to stand for verification immet</li> <li>Note:</li> <li>The dosage of V standard concent</li> <li>The dosage of V temperatures material</li> <li>Please refer to a with different Inst correct consister</li> </ul>	ee from lumps before op given, add the requ parate, clean and dry of Insulle into the cup ntil the powder is fully ng Insulle into the cup or 5 to 10 minutes, stir ediately. alens® Thixer® Clea tration by Insulle's pre alens® Thixer® Clea ay vary. healthcare profession ulle concentrations an acy.	uired amount of Valer cup. to cover the powder. dissolved. and stir for 3 second thoroughly and drink	s. or carry out IDDSI cording to the concentrations and ns® Thixer® Clear sure it reaches the

The data are verified using IDDSI funnel.

### Product Owner.

## Pharm-D Health Science Sdn. Bhd.

No. 8B, Jalan 1/137C, Bedford Business Park, Off Jalan Klang Lama, 58000 Kuala Lumpur, Malaysia.

### Marketed by:

## Pharm-D Sdn. Bhd.

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## **Glucerna Vanilla Powder**



(Room Temperature)

VALENS®

		Valens® Th	ixer® Clear	
IDDSI Level	1	2	3	4
Number of scoop(s)	2	4	5	7
Amount of liquid (mL)		237mL		
Sitting time (minute/s)		5 to 10		
Procedure	and make sure it 2. By using the sco powder into a se 3. Add 50 – 100mL 4. Stir vigorously ur 5. Pour the remaini 6. Leave to stand for verification imme Note: • The dosage of V standard concen • The dosage of V and temperature • Please refer to a with different Glu the correct consi	a is free from lumps be op given, add the req parate, clean and dry of Glucerna into the of ntil the powder is fully ng Glucerna into the of or 5 to 10 minutes, still ediately. alens® Thixer® Cleat stration by Glucerna's alens® Thixer® Cleat s may vary. healthcare profession icerna concentrations stency.	uired amount of Valer cup. cup to cover the powd	er. er. nds. or carry out IDDSI cording to the n. a concentrations ns® Thixer® Clear ensure it reaches

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## Glucerna Vanilla Ready-to-Drink

(Room Temperature)

VALENS®

Abbott	Abbots
Glucerna	Glucerna
2201	C 200 M

		Valens® Th	ixer® Clear	
IDDSI Level	1	2	3	4
Number of scoop(s)	1.5	3	5.5	7
Amount of liquid (mL)	220mL			
Sitting time (minute/s)	5 to 10			
Procedure	<ul> <li>powder into a se</li> <li>2. Add 50 – 100mL</li> <li>3. Stir vigorously ur</li> <li>4. Pour the remaini</li> <li>5. Leave to stand for verification immer</li> <li>Note:</li> <li>The dosage of V standard concen</li> <li>The dosage of V and temperature</li> <li>Please refer to a with different Glu the correct consi</li> </ul>	parate, clean and dry of Glucerna into the on til the powder is fully ng Glucerna into the of or 5 to 10 minutes, stin ediately. alens® Thixer® Cleat tration of Glucerna R <sup>-</sup> alens® Thixer® Cleat s may vary. healthcare profession icerna concentrations stency.	cup to cover the powd dissolved. cup and stir for 3 seco r thoroughly and drink or for each level is acc	er. nds. or carry out IDDSI ording to the a concentrations ns® Thixer® Clear ensure it reaches

The data are verified using IDDSI funnel.

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## Ensure Gold / Life Vanilla Powder

(Room Temperature)



		Valens® Th	ixer® Clear	
IDDSI Level	1	2	3	4
Number of scoop(s)	2	4.5	5.5	7
Amount of liquid (mL)		230mL		
Sitting time (minute/s)		5 to 10		
Procedure	Ensure Gold / Lif 2. By using the sco- powder into a se 3. Add 50 – 100mL 4. Stir vigorously ur 5. Pour the remaini 6. Leave to stand for verification imme Note: • The dosage of V standard concen • The dosage of V concentration an • Please refer to a with different Ens reaches the corre	alens® Thixer® Clea tration by Ensure Gol alens® Thixer® Clea d temperature may va a healthcare professio sure Gold / Life conce	free from lumps befo uired amount of Valer cup. into the cup to cover dissolved. into the cup and stir f thoroughly and drink ar for each level is acc d / Life's preparation i ar for different Ensure ary. nal when mixing Vale ntrations and tempera	re mixing. <b>ns® Thixer® Clear</b> the powder. or 3 seconds. or carry out IDDSI cording to the nstruction. Gold / Life's <b>ns® Thixer® Clear</b> atures to ensure it

## The data are verified using IDDSI funnel.

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# Ensure Gold Vanilla Ready-to-Drink

(Room Temperature)

**VALENS**®



		Valens® Th	ixer® Clear	
IDDSI Level	1	2	3	4
Number of scoop(s)	1.5	4	5	8
Amount of liquid (mL)	220mL			
Sitting time (minute/s)	5 to 10			
	<ul> <li>Instructions:</li> <li>1. By using the scoop given, add the required amount of Valens® Thixer® Clear powder into a separate, clean and dry cup.</li> <li>2. Add 50 – 100mL of Ensure Gold into the cup to cover the powder.</li> <li>3. Stir vigorously until the powder is fully dissolved.</li> <li>4. Pour the remaining Ensure Gold into the cup and stir for 3 seconds.</li> <li>5. Leave to stand for 5 to 10 minutes, stir thoroughly and drink or carry out IDDSI verification immediately.</li> </ul>			
Procedure	<ul> <li>standard concent</li> <li>The dosage of V concentration ant</li> <li>Please refer to a with different Ensistence to consistence to consistence to consistence to consistence to consistence to consistence construct consistence to construct construct</li></ul>	alens® Thixer® Clea tration of Ensure Gold alens® Thixer® Clea d temperature may va healthcare professior sure Gold concentration stency. mmediately. Ensure C	d RTD. ar for different Ensure ary. nal when mixing <mark>Valer</mark> ons and temperatures	Gold's ns® Thixer® Clear to ensure it reaches

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## Malaysia Peel Fresh Orange Juice 200mL Removed Pulp



(Refrigerated Temperature)

VALENS®

		Valens® Th	ixer® Clear		
IDDSI Level	1	2	3	4	
Number of scoop(s)	2.5	3.5	5	7	
Amount of liquid (mL)	200mL				
Sitting time (minute/s)		5			
	<ul> <li>Instructions:</li> <li>1. By using the scoop given, add the required amount of Valens® Thixer® Clear powder into a separate, clean and dry glass.</li> <li>2. Add 50 – 100mL of beverage into the glass to cover the powder.</li> <li>3. Stir vigorously until the powder is fully dissolved.</li> <li>4. Pour the remaining beverage into the glass and stir well.</li> <li>5. Leave to stand for 5 minutes, stir thoroughly and drink or carry out IDDSI verification immediately.</li> </ul>				
Procedure	<ul> <li>the wall of the the</li> <li>The dosage of V</li> <li>Orange Juice.</li> <li>The dosage of V</li> <li>temperatures mathematical temperatures mathematical temperatures mathematical temperatures and with different fruit consistency.</li> </ul>	alens® Thixer® Clea	ar for each level is acc ar for other fruit juices nal when mixing Vale ures to ensure it reach	cording to Peel Fresh and different ns® Thixer® Clear nes the correct	

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# Malaysia Milo Powder 200mL



(Warm Water - 70°C)

**VALENS**®

		Valens® Th	ixer® Clear	
IDDSI Level	1	2	3	4
Number of scoop(s)	1.5	3	4	6
Amount of liquid (mL)	200mL			
Sitting time (minute/s)		5		
Procedure	sure it is free from 2. By using the sco- powder into a se 3. Add 50 – 100mL 4. Stir vigorously un 5. Pour the remaini 6. Leave to stand for <u>verification imme</u> <b>Note:</b> • The dosage of V standard concen • The dosage of V temperatures ma • Please refer to a with different Mile correct consisten	n lumps before mixing op given, add the requ parate, clean and dry of beverage into the g ntil the powder is fully ng beverage into the g or 5 minutes, stir thoro <u>diately.</u> alens® Thixer® Clea tration by Milo's prepa alens® Thixer® Clea by vary. healthcare profession o concentrations and f acy.	uired amount of Valer glass. glass to cover the pov dissolved. glass and stir well. oughly and <u>drink or ca</u> or for each level is acc	ns® Thixer® Clear vder. rry out IDDSI cording to the ncentrations and ns® Thixer® Clear re it reaches the

## The data are verified using IDDSI funnel.

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# Malaysia Milo Ready-To-Drink

VALENS®

(Refrigerated Temperature)



		Valens® Th	ixer® Clear	
IDDSI Level	1	2	3	4
Number of scoop(s)	3	4	5	6
Amount of liquid (mL)	200mL			
Sitting time (minute/s)	5			
Procedure	<ul> <li>Instructions:</li> <li>1. By using the scoop given, add the required amount of Valens® Thixer® Clear powder into a separate, clean and dry glass.</li> <li>2. Add 50 – 100mL of beverage into the glass to cover the powder.</li> <li>3. Stir vigorously until the powder is fully dissolved.</li> <li>4. Pour the remaining beverage into the glass and stir well.</li> <li>5. Leave to stand for 5 minutes, stir thoroughly and <u>drink or carry out IDDSI verification immediately.</u></li> </ul>			
Procedure	<ul> <li>standard concent</li> <li>The dosage of V temperatures matching</li> <li>Please refer to a with different Mile correct consister</li> </ul>	tration of Milo RTD. alens® Thixer® Clea ay vary. healthcare profession o concentrations and ncy.	ar for each level is acc ar for different Milo con nal when mixing Valer temperatures to ensur continue to thicken if l	ncentrations and ns® Thixer® Clear re it reaches the

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## **100 Plus 200mL** (Room Temperature)

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		Valens® Th	ixer® Clear	
IDDSI Level	1	2	3	4
Number of scoop(s)	1	2	3	5
Amount of liquid (mL)		150mL		
Sitting time (minute/s)	2 to 5			
	<ul> <li>Instructions:</li> <li>1. By using the scoop given, add the required amount of Valens® Thixer® Clear powder into a separate, clean and dry glass.</li> <li>2. Add 50 – 100mL of beverage into the glass to cover the powder.</li> <li>3. Stir vigorously until the powder is fully dissolved.</li> <li>4. Pour the remaining beverage into the glass and stir well.</li> <li>5. Leave to stand for 2 to 5 minutes, stir thoroughly and drink or carry out IDDSI verification immediately.</li> </ul>			
Procedure	<ul> <li>Clear is added in</li> <li>The dosage of V at room tempera</li> <li>The dosage of V temperatures material</li> <li>Please refer to a with other carbor</li> </ul>	nto carbonated water f alens® Thixer® Clea ture. alens® Thixer® Clea ay vary. healthcare profession nated beverages to er	ead of bubbles when a that is not degassed. In for each level is acc ar for other carbonated hal when mixing Valer hsure it reaches the co will continue to thicke	cording to 100 plus d water and different ns® Thixer® Clear prrect consistency.

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