

Myotein Sachets is Available NOW!



- Instantised Protein
- Soluble Throughout pH Range
- Excellent Dispersibility
- Clean Flavour
- Gluten Free



Myotein®
Whey Protein Concentrate

Valens Myotein® is a protein module with high concentrated source of pharmaceutical grade protein. It is a medical nutrition supplement suitable for providing extra protein to persons with increase protein needs and to persons who are unable to achieve sufficient protein requirements with their normal diet.

Unlike other dietary protein, **Valens Myotein®** is an instantised, soluble milk protein with excellent solubility throughout the pH range and with enhanced dispersibility. It mixes readily with most enteral feeding formula and beverages.

Valens Myotein® is cream in color and with clean flavour. It does not alter flavour of formula, beverages and foods.

INGREDIENTS

Valens Myotein® contains Whey Protein Concentrate and Soy Lecithin.

INDICATIONS AND USAGE

- As protein module supplement in patients who require
- 1) pre or post operative protein supplementation,
 - 2) additional protein support in trauma, burn and cancer,
 - 3) protein replacement in excessive protein losses due to surgery or stress.
 - 4) additional protein in a mineral and electrolyte-restricted diet.

ADMINISTRATION

Valens Myotein® can be added to oral or enteral tube feeding formula or beverages. It mixes easily with most feeding formula, beverages, soups, gravies and other regular foods without altering its flavour.

NUTRITION INFORMATION		
Serving Size: 1 Scoop (6.3g), 1 sachet (6.3g) Serving per can: 47, Serving per box: 30 sachets		
Amount	Per 100g	Per Serving (6.3g)
Energy	415.0 kcal	26.10 kcal
Energy from fat source	64.0 kcal	4.00 kcal
Protein	79.8 g	5.00 g
Fat	7.2 g	0.45 g
Saturated Fat	5.1 g	0.32 g
Trans Fat	0.4 g	0.03 g
Cholesterol	220.0 mg	13.86 mg
Carbohydrate	6.1 g	0.38 g
Lactose	6.1 g	0.38 g
Water	4.1 g	0.26 g
Calcium	410.0 mg	25.80 mg
Sodium	200.0 mg	12.60 mg
Iron	0.9 mg	0.06 mg

MIX WITH LIQUIDS

Stir **Valens Myotein®** with a small amount of feeding liquid to make a smooth paste, and then gradually add the remaining feeding liquid into the paste while stirring. For best mixing result, add **Valens Myotein®** into the desired amount of feeding liquid and briefly blend with blender. To avoid foaming, blend at low speed.

How to use Valens Myotein®

MIX WITH FOODS

Sprinkle and stir in desired amount of **Valens Myotein®** into pre-mixed or prepared foods such as mashed potatoes, soups, gravies, yogurt or oatmeal.

Used enclosed scoop to add recommended amount of protein based on the nutritional information and individual protein requirements of patients.

How to use Valens Myotein®

PRECAUTIONS

- i) Not for parenteral use.
- ii) Not to be used as sole source of nutrition.
- iii) Use as directed by dietician or other medical practitioners.

STORAGE

As Whey Protein Concentrates are hygroscopic and can absorb moist and odors, covered can with over-cap and stored in an odor free, cool, dry place once opened. Use content within a month, once opened. After mixing or reconstituted, consume immediately or covered, refrigerated and used within 24 hours.

SHELF LIFE : 2 years from date of manufacturing.

PACKING : NET WT 300g per can.
NET WT 189g per box.

SERVING SIZE AND APPROXIMATE PROTEIN EQUIVALENT:

Amount of Myotein Protein Module	Amount of Protein
1 Scoop or 1 Sachet (6.3g)	5g
1 level teaspoonful (1.3g)	1g
1 level tablespoonful (4.0g)	3g

AMINO ACID PROFILE PER 100G PROTEIN*:

Histidine, 2.0g; Isoleucine, 7.0g; Leucine, 11.4g; Lysine, 9.4g; Methionine, 2.6g; Phenylalanine, 3.5g; Threonine, 7.4g; Tryptophan, 2.1g; Valine, 6.4g; Alanine, 5.4g; Arginine, 2.8g; Aspartic Acid, 11.3g; Cystine, 2.9g; Glutamic acid, 18.6g; Glycine, 2.1g; Proline, 6.5g; Serine, 5.4g; Tyrosine, 3.5g.

*100 grams of Myotein protein yields approximately 110grams of individual amino acids.